

HOW TO

# SAFELY REMOVE YOUR DISPOSABLE GLOVES



Always  
Remember

*Clean to Clean*  
A clean bare hand touches only  
clean areas inside the other glove

*Dirty to Dirty*  
Contaminated surfaces only touch  
other contaminated surfaces

✗ Do not touch your face  
or adjust PPE with  
contaminated gloves

✗ Do not touch other items  
like keyboards, computer  
mice, door handles, etc.  
with contaminated gloves.

✗ Never wash or reuse  
disposable gloves

✓ Safely remove excess  
liquid beforehand

✓ Remove and change  
gloves if damaged or  
heavily soiled.

✓ Wash hands immediately  
after removing gloves

